



PRESS RELEASE

Lifestyle Experts Goes Elite!

Lifestyle Experts and Women Sports Report have joined forces to provide even more exciting and interesting content for their members and website visitors.

Lifestyle Experts, the one stop shop for anything to do with health, lifestyle and fitness, now has a unique women's section to answer all those questions that you ever wanted to ask. Plus with this link up with Women Sports Report you will be able to see how women all over the world are faring in the world of professional sport. There will be monthly updates as well as interesting stories about training techniques from some of the biggest names in women sport from around the world.

Lifestyle Experts is free to join and you will get a monthly newsletter emailed directly into your in box highlighting new articles, exercises and interesting information.

With over 60,000 members, 25,000 of whom are fitness professionals and over 180,000 unique users a month thousands of people across the country are benefiting from joining. Remember, it's free and the benefits can be astounding. So for anything related to Lifestyle, Health and Fitness what are you waiting for!!

www.lifestyleexperts.com

www.womensportreport.com